

# Positive words that start with S

235 words with meanings and examples. Updated 10 October 2026. Free to print and share in a classroom.

## Adjectives

### **Sacred** adj.

Deeply valued and treated with reverence or respect.

*The grove remained sacred to families across the valley.*

### **Safe** adj.

Protected from likely harm, danger, or avoidable risk.

*Every worker needs a safe way to report a fault.*

### **Sagacious** adj.

Showing wise and practical judgment.

*The sagacious elder asked the question that settled the dispute.*

### **Salubrious** adj.

Health-giving, pleasant, and beneficial to well-being.

*The salubrious sea air encouraged long morning walks.*

### **Salutary** adj.

Producing a beneficial or healthful effect.

*The review had a salutary effect on safety practices.*

### **Sanative** adj.

Having the power to heal or restore health.

*Rest and clean water had a sanative effect.*

### **Sanguine** adj.

Hopeful and confident about the future.

*She remained sanguine after the first trial failed.*

### **Sapient** adj.

Possessing deep wisdom and discerning judgment.

*Her sapient counsel helped both families reach peace.*

### **Satisfactory** adj.

Good enough to meet a need or standard.

*The repaired roof passed every test with satisfactory results.*

### **Satisfied** adj.

Pleased because a need, hope, or standard has been met.

*The customers were satisfied with the careful repair.*

### **Satisfying** adj.

Giving pleasure through meaning, progress, or completion.

*Solving the final clue was deeply satisfying.*

**Savory** adj.

Pleasantly flavorful, appetizing, and satisfying to eat.  
*A savory vegetable pie warmed everyone after the hike.*

**Savvy** adj.

Showing practical knowledge and good judgment.  
*The savvy shopper compared repair costs before choosing.*

**Scenic** adj.

Offering beautiful and enjoyable natural views.  
*The scenic path curved beside a clear mountain stream.*

**Scholarly** adj.

Showing careful study, knowledge, and academic skill.  
*The museum published a scholarly guide to the collection.*

**Scintillating** adj.

Brilliantly lively, clever, or exciting.  
*Their scintillating conversation made the long journey pass quickly.*

**Scrumptious** adj.

Extremely delicious and delightful to eat.  
*The bakery served scrumptious rolls still warm from the oven.*

**Scrupulous** adj.

Careful, honest, and attentive to what is right.  
*The scrupulous treasurer published every receipt for review.*

**Seamless** adj.

Smoothly connected without awkward gaps or interruptions.  
*The translators provided a seamless conversation across three languages.*

**Seasoned** adj.

Experienced, skilled, and reliable through extensive practice.  
*A seasoned guide led the group through changing weather.*

**Second-to-none** adj.

Equaled by nobody in quality or excellence.  
*Her second-to-none craftsmanship made the cabinet an heirloom.*

**Secure** adj.

Safe, stable, and protected from likely loss or harm.  
*The new lock keeps the equipment secure.*

**Self-actualized** adj.

Fulfilling one's abilities, values, and meaningful potential.  
*The self-actualized artist chose work aligned with her deepest values.*

**Self-assured** adj.

Calmly confident in one's own ability or judgment.  
*The self-assured apprentice explained her design clearly.*

**Self-aware** adj.

Conscious of one's own feelings, qualities, and effects on others.  
*The self-aware leader noticed when he needed to listen.*

**Self-confident** adj.

Trusting one's ability without needing to diminish others.

*The self-confident speaker welcomed difficult questions.*

**Self-determined** adj.

Guided by one's own informed choices and goals.

*Self-determined residents shaped the future of their neighborhood.*

**Self-directed** adj.

Able to choose and manage one's own learning or work.

*The self-directed apprentice planned each stage of the restoration.*

**Self-disciplined** adj.

Able to direct one's effort and choices toward a goal.

*The self-disciplined student practiced a little each morning.*

**Self-empowered** adj.

Confidently able to make choices and take constructive action.

*The self-empowered students presented their proposal to the council.*

**Self-forgiving** adj.

Able to meet personal mistakes with compassion and perspective.

*A self-forgiving mindset helped Mina try the difficult passage again.*

**Self-improving** adj.

Actively developing one's knowledge, habits, or abilities.

*The self-improving manager requested honest feedback after each project.*

**Self-made** adj.

Successful largely through one's own sustained effort.

*The self-made designer built her studio from modest beginnings.*

**Self-motivated** adj.

Able to begin and continue useful work without outside pressure.

*The self-motivated volunteer created a clear training guide.*

**Self-possessed** adj.

Calm, confident, and controlled in difficult situations.

*The self-possessed captain reassured everyone during the delay.*

**Self-reliant** adj.

Able to use one's own judgment and resources effectively.

*The self-reliant camper repaired the torn tent.*

**Self-renewing** adj.

Able to restore strength, resources, or effectiveness over time.

*The self-renewing garden flourished through careful composting.*

**Self-sufficient** adj.

Able to meet one's needs with limited outside help.

*The self-sufficient cabin produces its own power.*

**Self-transcendent** adj.

Reaching beyond personal concerns toward greater meaning or service.

*Her self-transcendent purpose sustained decades of community work.*

**Selfless** adj.

Putting others' needs before personal advantage.

*The selfless neighbor delivered meals throughout the storm.*

**Sensational** adj.

Exceptionally impressive, exciting, or enjoyable.

*The dancers gave a sensational final performance.*

**Sensible** adj.

Showing sound, practical judgment.

*Wearing bright clothing was a sensible choice for the evening ride.*

**Sensitive** adj.

Aware of and considerate toward feelings or subtle changes.

*The sensitive teacher noticed that the new student felt excluded.*

**Seraphic** adj.

Radiantly peaceful, beautiful, or angelic in appearance.

*A seraphic smile spread across the baby's face.*

**Serendipitous** adj.

Happening by happy and valuable chance.

*A serendipitous meeting connected the inventor with a mentor.*

**Serene** adj.

Calm, clear, and untroubled in appearance or mood.

*The garden felt serene after the morning rain.*

**Sharp** adj.

Quick to understand, notice, or think clearly.

*The sharp analyst spotted the error before publication.*

**Shining** adj.

Bright, excellent, or inspiring.

*Her recovery became a shining example of patient effort.*

**Shrewd** adj.

Showing sharp judgment and practical understanding.

*The shrewd negotiator found terms that benefited both teams.*

**Silky** adj.

Pleasingly smooth, soft, and lustrous.

*The sauce became silky after a final gentle stir.*

**Simpatico** adj.

Pleasantly compatible, likable, and easy to understand.

*The two simpatico musicians improvised together with effortless warmth.*

**Simple** adj.

Clear, uncomplicated, and easy to use or understand.

*A simple checklist prevented missed safety steps.*

**Sincere** adj.

Honest in feeling, intention, or expression.

*Her sincere thanks named the specific help she had received.*

**Sisterly** adj.

Showing the warm support associated with a caring sister.

*Her sisterly advice was gentle, honest, and practical.*

**Skilled** adj.

Having developed ability and good technique.

*A skilled interpreter made the meeting accessible.*

**Skillful** adj.

Showing developed ability and good judgment.

*The skillful repair preserved the original woodwork.*

**Sleek** adj.

Smooth, stylish, and efficiently designed.

*The sleek new bicycle was both light and comfortable.*

**Smart** adj.

Intelligent, capable, or showing good judgment.

*The smart technician tested the simplest cause first.*

**Smashing** adj.

Exceptionally attractive, enjoyable, or successful.

*Everyone had a smashing time at the garden party.*

**Smiling** adj.

Showing warmth or happiness with a smile.

*A smiling volunteer greeted each family at the door.*

**Smooth** adj.

Even, calm, or working without difficulty.

*Clear roles made the handover smooth.*

**Snazzy** adj.

Stylish, lively, and attractively distinctive.

*His snazzy bow tie brightened the formal photograph.*

**Snug** adj.

Comfortably warm, sheltered, and secure.

*The reading alcove felt snug during the winter storm.*

**Sociable** adj.

Friendly and comfortable spending time with others.

*The sociable host introduced guests who shared interests.*

**Soft-spoken** adj.

Speaking gently and calmly with quiet consideration.

*The soft-spoken mediator gave every participant room to answer.*

**Softhearted** adj.

Kind, sympathetic, and easily moved to help.

*The softhearted farmer cared for every stray animal.*

**Solid** adj.

Dependable, strong, and of good quality.

*The committee built a solid plan from the survey results.*

**Soothing** adj.

Helping to calm pain, worry, or tension.

*The nurse spoke in a soothing voice.*

**Sophisticated** adj.

Refined, knowledgeable, or impressively advanced in design.

*The sophisticated filter removed contaminants without wasting water.*

**Soul-stirring** adj.

Inspiring profound, uplifting, and heartfelt emotion.

*The orchestra closed with a soul-stirring hymn.*

**Soulful** adj.

Expressing deep and sincere feeling.

*The singer gave a soulful performance of the old song.*

**Spacious** adj.

Offering abundant room, openness, and comfort.

*Tall windows made the modest studio feel spacious.*

**Sparkling** adj.

Bright, lively, or brilliantly entertaining.

*The host's sparkling humor lifted the room.*

**Special** adj.

Especially valued, distinctive, or important.

*The handmade album became a special family keepsake.*

**Spectacular** adj.

Exceptionally impressive or beautiful.

*The hilltop offered a spectacular view at sunrise.*

**Speedy** adj.

Moving or happening quickly and effectively.

*The clinic's speedy response prevented further illness.*

**Spellbinding** adj.

So fascinating or beautiful that attention feels effortless.

*The guide told a spellbinding story beneath the stars.*

**Spiffy** adj.

Smart, attractive, and freshly well presented.

*The restored scooter looked spiffy in its bright new paint.*

**Spirited** adj.

Full of courage, energy, or lively feeling.

*A spirited discussion produced three promising ideas.*

**Splendid** adj.

Excellent, impressive, or beautiful.

*The restored hall looked splendid in the morning light.*

**Spontaneous** adj.

Natural and unplanned in a lively or sincere way.

*A spontaneous dance began when the band returned.*

**Sporting** adj.

Fair, generous, and gracious in competition.

*The sporting captain congratulated every opponent.*

**Spot-on** adj.

Exactly right, accurate, or well judged.

*Her spot-on diagnosis saved hours of unnecessary testing.*

**Spotless** adj.

Perfectly clean or free from fault and blame.

*Volunteers left the community kitchen spotless after lunch.*

**Sprightly** adj.

Lively, energetic, and cheerful.

*The sprightly grandfather led the family walk.*

**Spry** adj.

Active, nimble, and energetic, especially despite age.

*The spry neighbor still cycled to market each morning.*

**Stable** adj.

Steady, secure, and unlikely to fail suddenly.

*The engineer confirmed that the repaired wall was stable.*

**Stalwart** adj.

Loyal, dependable, and strong through difficulty.

*The stalwart volunteers kept the shelter open all winter.*

**Standout** adj.

Exceptionally good or noticeable for a positive quality.

*Her standout performance earned a place in the final.*

**Star-studded** adj.

Featuring many celebrated, talented, or distinguished people.

*A star-studded cast volunteered for the charity performance.*

**State-of-the-art** adj.

Using the most advanced available methods or technology.

*The clinic installed state-of-the-art imaging equipment.*

**Stately** adj.

Impressively dignified, graceful, and grand.

*The stately old library welcomed visitors through carved doors.*

**Staunch** adj.

Firmly loyal, committed, and dependable.

*A staunch ally defended the community's right to clean water.*

**Steadfast** adj.

Firm, dependable, and not easily discouraged.

*Her steadfast support helped the project survive several delays.*

**Steady** adj.

Firm, dependable, and controlled.

*The nurse kept a steady hand during the procedure.*

**Stellar** adj.

Exceptionally excellent, impressive, or successful.

*The new apprentice did stellar work on the delicate repair.*

**Sterling** adj.

Excellent, trustworthy, and of consistently high quality.

*Her sterling leadership kept the relief effort fair and organized.*

**Stimulating** adj.

Encouraging lively thought, interest, or activity.

*The lecture led to a stimulating discussion.*

**Stirring** adj.

Inspiring strong and uplifting emotion.

*The choir gave a stirring performance.*

**Stoic** adj.

Enduring hardship with courage and steady self-command.

*The stoic runner finished the course despite driving rain.*

**Storybook** adj.

Charming, picturesque, and seemingly suited to a happy tale.

*They celebrated in a storybook cottage beside the orchard.*

**Straightforward** adj.

Clear, honest, and easy to understand.

*She gave a straightforward explanation of the costs.*

**Strategic** adj.

Carefully designed to achieve an important goal.

*The strategic investment removed the main production bottleneck.*

**Streamlined** adj.

Made simpler, smoother, and more efficient.

*The streamlined application took families only five minutes.*

**Street-smart** adj.

Showing practical judgment learned through real-world experience.

*The street-smart organizer anticipated problems before the festival opened.*

**Stress-free** adj.

Free from worry, pressure, or needless difficulty.

*Clear directions made the airport transfer stress-free.*

**Striking** adj.

Immediately impressive, attractive, or worthy of attention.

*The mural created a striking welcome at the station.*

**Strong** adj.

Having power, resilience, skill, or sound construction.

*The strong partnership made both organizations more effective.*

**Strong-minded** adj.

Independent, determined, and firm in one's judgment.

*The strong-minded advocate challenged an unfair rule respectfully.*

**Structured** adj.

Organized in a clear and useful way.

*The structured lesson gave beginners an easy path forward.*

**Studious** adj.

Devoted to careful study and learning.

*The studious apprentice kept notes on every technique.*

**Stunning** adj.

Extremely impressive or beautiful.

*The restored mosaic looked stunning in the sunlight.*

**Stupendous** adj.

Extremely impressive, excellent, or remarkable.

*The volunteers achieved stupendous results in a single weekend.*

**Sturdy** adj.

Strongly built and able to withstand use or difficulty.

*The sturdy table served the workshop for decades.*

**Stylish** adj.

Attractive and showing a pleasing sense of style.

*Her stylish jacket was made from recycled fabric.*

**Suave** adj.

Confident, polished, and charming in manner.

*The suave host handled the interruption with humor.*

**Sublime** adj.

Of such excellence or beauty that it inspires awe.

*The soprano's final note sounded sublime in the chapel.*

**Successful** adj.

Achieving a desired or worthwhile result.

*The successful repair kept the bridge open.*

**Suitable** adj.

Right or appropriate for a particular need.

*The shaded plot is suitable for lettuce.*

**Sumptuous** adj.

Richly comfortable, beautiful, or enjoyable.

*Guests shared a sumptuous harvest feast.*

**Sunny** adj.

Bright, cheerful, or full of warm optimism.

*Her sunny manner lifted the tired team.*

**Super** adj.

Very good, enjoyable, or excellent.

*The volunteers did a super job preparing the hall.*

**Superabundant** adj.

Present in exceptionally generous and plentiful amounts.

*A superabundant harvest supplied the pantry through winter.*

**Superb** adj.

Exceptionally good or skillful.

*The chef prepared a superb meal from local produce.*

**Superlative** adj.

Representing the highest level of quality or excellence.

*Reviewers praised the workshop's superlative craftsmanship.*

**Supportive** adj.

Providing encouragement, understanding, or practical help.

*A supportive colleague asked what would make the workload manageable.*

**Supreme** adj.

Highest in quality, importance, or achievement.

*The chef showed supreme skill with the simplest ingredients.*

**Sure** adj.

Confident, dependable, or certain.

*With practice, her movements became sure and controlled.*

**Sure-footed** adj.

Moving confidently and safely, especially on difficult ground.

*The sure-footed guide led the group across the rocks.*

**Surefire** adj.

Certain or very likely to succeed.

*A sincere welcome is a surefire way to ease nerves.*

**Surprising** adj.

Unexpected in a pleasing or impressive way.

*The small garden produced a surprising amount of food.*

**Sustainable** adj.

Able to continue without exhausting the people or resources involved.

*The new schedule is sustainable because it includes time for maintenance.*

**Swanky** adj.

Fashionably stylish, luxurious, and impressive.

*The renovated cinema looked swanky without losing its character.*

**Sweet** adj.

Kind, pleasant, or pleasing to the senses.

*It was sweet of him to save a seat for his grandmother.*

**Sweet-natured** adj.

Naturally kind, gentle, and pleasant.

*The sweet-natured dog welcomed every visitor.*

**Sweet-tempered** adj.

Naturally gentle, patient, and pleasant in disposition.

*The sweet-tempered pony remained calm around young riders.*

**Swift** adj.

Moving or acting quickly and effectively.

*The swift rescue brought everyone safely ashore.*

**Sympathetic** adj.

Showing understanding and concern for another person's situation.  
*The supervisor was sympathetic and helped arrange a fair solution.*

**Systematic** adj.

Carefully organized and methodical.  
*The systematic researcher checked every sample twice.*

**Nouns****Safety** n.

The condition of being protected from likely harm.  
*New lighting improved safety along the path.*

**Sagacity** n.

Wise and practical judgment.  
*Her sagacity helped the village prepare before the drought.*

**Sage** n.

A person respected for wisdom and sound judgment.  
*The village sage listened carefully before offering advice.*

**Saint** n.

A person admired for exceptional goodness and kindness.  
*The exhausted nurse was a saint to every frightened patient.*

**Salvation** n.

Rescue from danger, suffering, or serious loss.  
*The emergency water delivery was the village's salvation.*

**Sanctuary** n.

A safe and peaceful place for people or animals.  
*The wetland provides a sanctuary for migrating birds.*

**Satisfaction** n.

Pleasure from fulfilling a need or doing something well.  
*Restoring the old bench gave him lasting satisfaction.*

**Scholar** n.

A person devoted to careful study and learning.  
*The young scholar shared her research with the whole class.*

**Scholarship** n.

Academic achievement or funding that supports further study.  
*Her scholarship opened the door to engineering school.*

**Security** n.

Safety, stability, or freedom from serious worry.  
*The permanent contract gave the family greater security.*

**Self-acceptance** n.

A fair and compassionate acceptance of oneself.  
*Self-acceptance helped her learn from mistakes without shame.*

**Self-belief** n.

Confidence in one's own worth or ability.

*Practice strengthened her self-belief before the audition.*

**Self-care** n.

Actions that protect one's health and well-being.

*A quiet lunch break became an essential part of his self-care.*

**Self-control** n.

The ability to guide one's actions and emotions wisely.

*Self-control helped him answer the criticism calmly.*

**Self-efficacy** n.

Confidence in one's ability to accomplish a task.

*Small successes strengthened his self-efficacy during rehabilitation.*

**Self-esteem** n.

A healthy sense of one's own worth.

*Supportive feedback helped rebuild her self-esteem.*

**Self-knowledge** n.

Clear understanding of one's character, needs, and motives.

*Greater self-knowledge helped him choose work that suited him.*

**Self-respect** n.

A healthy regard for one's own worth and boundaries.

*Self-respect gave her the courage to ask for fair treatment.*

**Self-starter** n.

A person who begins useful work without needing direction.

*The self-starter organized the supplies before anyone asked.*

**Self-worth** n.

A secure sense of one's inherent value.

*Good mentoring restored the young athlete's self-worth.*

**Selflessness** n.

Generous concern for others before personal advantage.

*His selflessness inspired the whole team to help.*

**Sensitivity** n.

Awareness and consideration of feelings or subtle differences.

*Her sensitivity made the difficult conversation gentler.*

**Serendipity** n.

The happy discovery of something valuable by chance.

*Serendipity led them to a hidden garden during the walk.*

**Serenity** n.

A state of calm and untroubled peace.

*The lake's stillness gave the campsite a sense of serenity.*

**Service** n.

Helpful work performed for another person or community.

*Her years of public service improved life across the county.*

**Sharing** n.

The act of giving others a part of what one has.

*Sharing tools saved every gardener money.*

**Showstopper** n.

A performance or creation that earns overwhelming admiration.

*The student choir's finale was an undeniable showstopper.*

**Simplicity** n.

The quality of being clear and free from needless complexity.

*The app's simplicity helped first-time users succeed.*

**Sincerity** n.

The quality of being honest in feeling or intention.

*The sincerity of her apology helped restore trust.*

**Sisterhood** n.

Supportive connection and solidarity among women or girls.

*The runners formed a sisterhood grounded in encouragement and trust.*

**Skill** n.

Developed ability gained through learning or practice.

*Years of practice gave the carpenter remarkable skill.*

**Solace** n.

Comfort received during sadness, worry, or disappointment.

*The familiar garden offered solace after a difficult week.*

**Solicitude** n.

Attentive care and concern for another's well-being.

*Her solicitude made every homesick camper feel noticed.*

**Solidarity** n.

Unity and mutual support among people with a shared interest.

*Workers showed solidarity by contributing to the emergency fund.*

**Solution** n.

An answer or method that resolves a problem.

*The shade cloth offered a simple solution for the young plants.*

**Solver** n.

A person skilled at finding answers to problems.

*The patient solver tested each connection until the lamp worked.*

**Soulmate** n.

A deeply compatible and cherished companion.

*She found a loyal soulmate who shared her curiosity.*

**Splendor** n.

Impressive beauty or excellence.

*Autumn added golden splendor to the valley.*

**Stability** n.

The quality of being steady, secure, and dependable.

*A regular income brought the household greater stability.*

**Stamina** n.

Strength to sustain prolonged physical or mental effort.

*Weekly practice built the choir's stamina for longer concerts.*

**Standard-bearer** n.

A leading representative of an admired cause or standard.

*The clinic became a standard-bearer for respectful elder care.*

**Steadfastness** n.

Firm and dependable commitment through difficulty.

*Her steadfastness kept the campaign focused.*

**Steward** n.

A person who responsibly cares for something valued.

*The ranger serves as a steward of the ancient woodland.*

**Stewardship** n.

Responsible care for something entrusted to one's protection.

*Community stewardship restored the riverbank.*

**Stillness** n.

A peaceful absence of movement, noise, or disturbance.

*Dawn brought a welcome stillness to the lakeside cabin.*

**Straight-arrow** n.

An honest, dependable person with strong principles.

*Everyone knew Priya as a straight-arrow who kept her promises.*

**Strategist** n.

A person skilled at planning how to achieve goals.

*The strategist found a route that saved both time and fuel.*

**Strength** n.

Power, resilience, or a valuable ability.

*Asking for help became a source of strength.*

**Success** n.

The achievement of a worthwhile aim or favorable result.

*The clean-water project became a success through local leadership.*

**Succor** n.

Help and relief given during hardship or distress.

*Neighbors brought food and succor to the displaced families.*

**Sunshine** n.

Direct sunlight or a source of warmth and happiness.

*Morning sunshine filled the kitchen.*

**Superstar** n.

An exceptionally successful, admired, or talented person.

*The young goalkeeper became the tournament's unexpected superstar.*

**Survivor** n.

A person who continues or recovers after serious difficulty.

*The survivor became a patient mentor to others.*

**Sustainability** n.

The ability to continue without exhausting people or resources.  
*Solar power improved the farm's sustainability.*

**Sweetheart** n.

A dearly loved or exceptionally kind person.  
*That sweetheart delivered groceries to three isolated neighbors.*

**Sympathy** n.

Understanding and concern for another person's difficulty.  
*His sympathy was matched by practical support.*

**Synergy** n.

A combined effect greater than the separate efforts.  
*The teams' synergy produced a better design.*

**Verbs****Safeguard** v.

To protect something valuable from harm or loss.  
*Clear backups safeguard years of careful research.*

**Sanctify** v.

To make something holy, honored, or morally meaningful.  
*The ceremony will sanctify their promise of lifelong care.*

**Satisfy** v.

To meet a need, hope, or standard.  
*The new ramp should satisfy both safety and access requirements.*

**Savor** v.

To enjoy and appreciate something fully and deliberately.  
*They paused to savor the quiet moment together.*

**Serve** v.

To help, support, or provide something useful to others.  
*The new clinic will serve five remote communities.*

**Shelter** v.

To protect someone or something from danger or hardship.  
*The hall can shelter families during severe weather.*

**Shine** v.

To give light or perform with impressive ability.  
*The young actors shine when given room to improvise.*

**Simplify** v.

To make something clearer, easier, or less complicated.  
*Color labels simplify the routine for new volunteers.*

**Smile** v.

To form an expression that often shows warmth, pleasure, or welcome.  
*The conductor smiled when the difficult passage finally came together.*

**Soar** v.

To rise high or improve with remarkable speed.  
*Her confidence began to soar after the first recital.*

**Solve** v.

To find an effective answer to a problem.  
*The students used careful measurements to solve the design flaw.*

**Soothe** v.

To calm pain, worry, or distress.  
*A familiar voice helped soothe the frightened dog.*

**Spark** v.

To begin or inspire energy, interest, or change.  
*The workshop could spark a lifelong interest in science.*

**Sparkle** v.

To shine brightly or show lively joy and wit.  
*Her eyes sparkle whenever she talks about the garden.*

**Stimulate** v.

To encourage activity, growth, thought, or interest.  
*The puzzle will stimulate creative thinking.*

**Strengthen** v.

To make stronger, more effective, or more resilient.  
*Regular maintenance will strengthen the bridge.*

**Strive** v.

To work earnestly toward a worthwhile goal.  
*Young researchers strive to make clean energy more affordable.*

**Succeed** v.

To achieve an intended result or make useful progress.  
*The plan can succeed if the team tests the riskiest assumption first.*

**Support** v.

To give help, strength, or encouragement.  
*Neighbors support the pantry with weekly donations.*

**Surpass** v.

To do better than a standard or previous achievement.  
*The new filter may surpass the old model in every test.*

**Survive** v.

To remain alive or continue through serious difficulty.  
*The rescued saplings survived the dry summer.*

**Sustain** v.

To support, maintain, or keep something going.  
*Regular donations sustain the free meal program.*

## Adverbs

### **Safely** adv.

In a way that avoids likely harm or danger.  
*The guide brought everyone safely across the river.*

### **Securely** adv.

In a safe, stable, or firmly attached way.  
*The shelves were securely fixed to the wall.*

### **Selflessly** adv.

With generous concern for others before personal advantage.  
*She selflessly gave her place to someone in greater need.*

### **Sensibly** adv.

With sound and practical judgment.  
*They sensibly postponed the climb when fog covered the ridge.*

### **Sincerely** adv.

With honest feeling or intention.  
*He sincerely apologized and replaced the damaged book.*

### **Skillfully** adv.

With developed ability and good judgment.  
*The mediator skillfully guided both sides toward agreement.*

### **Smartly** adv.

In an intelligent, efficient, or stylish way.  
*The small apartment was smartly arranged to create more space.*

### **Smoothly** adv.

In an even, calm, or trouble-free way.  
*The event ran smoothly despite the larger crowd.*

### **Splendidly** adv.

In an excellent or impressive way.  
*The young orchestra played splendidly at its first concert.*

### **Steadfastly** adv.

With firm and dependable commitment.  
*He steadfastly defended every child's right to learn.*

### **Steadily** adv.

At a consistent and controlled pace.  
*The seedlings grew steadily after the rain.*

### **Strongly** adv.

With strength, confidence, or firm support.  
*The evidence strongly supports the safer design.*

### **Successfully** adv.

With the desired or worthwhile result.  
*The crew successfully rescued every passenger.*

**Superbly** adv.

In an exceptionally good or skillful way.

*The quartet played superbly throughout the evening concert.*

**Swiftly** adv.

With useful speed and effectiveness.

*The crew swiftly contained the small fire.*

**Sympathetically** adv.

With understanding and concern for another's situation.

*She listened sympathetically before offering help.*

**Systematically** adv.

In a careful, organized, and methodical way.

*They systematically tested each possible cause.*