WORDS OF POSITIVITY

Word of the week: twelve words for a school term

One positive word for each week, with its meaning and the week's challenge. wordsofpositivity.com/positive-words-for-kids

Kind week 1
Being nice and helping others.
This week: Do one kind thing for someone who did not ask.

Brave week 2
Doing something even when it feels scary.
This week: Try one thing that feels a little scary.

Curious week 3
Wanting to find out how things work and why.
This week: Ask a question you don't know the answer to.

Patient week 4
Waiting without getting cross.
This week: Let someone else go first, and wait calmly.

Honest week 5
Telling the truth, even when it is hard.
This week: Tell the truth about a mistake you made.

Helpful week 6
Doing things that make a job easier for someone.
This week: Help someone at home without being asked.

Grateful week 7
Thankful for what someone did or gave.
This week: Say thank you and say what for.

Creative week 8
Good at making up new ideas and things.
This week: Make something new from things you already have.

Respectful week 9
Treating people and things with care.
This week: Listen to a friend's idea all the way through.

Determined week 10
Not giving up until you get there.
This week: Keep going with something hard for one more try.

Gentle week 11
Soft and careful, so nothing gets hurt.
This week: Be gentle with someone smaller than you.

Responsible week 12
Doing the jobs you said you would do.
This week: Do one job each day without a reminder.